



6 Tips

1. Longer than 10 minutes a day

2. Morning Prayer?

3. Pray in the Spirit

1 Cor. 14:1-2 Pursue love, and desire spiritual gifts, but especially that you may prophesy. 2 For he who speaks in a tongue does not speak to men but to God, for no one understands him; however, in the spirit he speaks mysteries.....

14 For if I pray in a tongue, my spirit prays, but my understanding is unfruitful. **15** What is the conclusion then? I will pray with the spirit, and I will also pray with the understanding. I will sing with the spirit, and I will also sing with the understanding.

4. Make a list...

5. Soft instrumental worship music

6. Be consistent.